

# Community Companion



Quaker House: 3960 Winding Way, Cincinnati, OH 45229-1950

(513) 861-4353

Volume 16, Issue 10

October 2010

[www.communityfriendsmeeting.com](http://www.communityfriendsmeeting.com)

**Presiding Clerk:**

Doug Burks

**Assistant Clerk:**

Eileen Bagus

**Recording Clerk:**

Betty Waite

**Treasurer:**

Mary Anne Curtiss

**Ministry and Counsel:**

Eileen Bagus

Byron Branson

Doug Burks (ex officio)

Lisa Cayard

Evie Hoffman

Frank Huss

Tim Leonard

Paulette Meier

Sunny Rhein

**Newsletter:**

Deborah Jordan

Email: [djordan@fuse.net](mailto:djordan@fuse.net)

Jean Crocker-Lakness

Email: [j.crockerlakness@gmail.com](mailto:j.crockerlakness@gmail.com)

Submissions for October newsletter due by: Monday, October 25, 2010

## Calendar

All events and meetings take place at the Meeting House unless otherwise noted.

**Singing 9:45 am, Meeting for Worship 10 am**

**Second Hour or Carry in Potluck @ 11:40 am**

**Oct. 3**

**Carry In Potluck Meal after Meeting for Worship**

FUN Committee appreciates and encourages locally grown food when possible

October 9 & 10

Joint Quarterly Meeting, Happy Hollow Camp

**Oct. 10**

**Meeting for Worship with Attention to Business after Meeting for Worship**

**Oct. 17**

**Second Hour: Religious Development for the Youth for the Coming Year**

**Oct. 24**

**Second Hour: Extended Worship**

**Oct. 30**

**Harvest Festival at 6:00 pm**

**Oct. 31**

**Second Hour: Spiritual Life Journey**

November 6<sup>th</sup>

Fall Renewal "Welcoming the Soul and Weaving Community"

November 13

10:00-4:00 is a workday

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### Tenth Query from OVYM Book of Discipline:

Do you endeavor to live in harmony with nature, avoiding pollution and the destruction of our environment? What are you doing about your use of the world's irreplaceable resources? Are you concerned for family and population planning so that future generations will be able to live on the resources available to them?

15 in attendance for Monthly Meeting for Business, with Doug Burks clerking.

**Clerks report**-Doug Burks reporting: In July, the meeting approved that both the Treasurer and the members of the Cannon fund be given the ability to manage the Calvert and Pax World Funds. Signatures are required for transactions and the people holding these positions are designated signers.

### Action Items

a. Stewardship à FGC Development Committee: The FGC Development committee would like us to host their quarterly meeting next April. It involves around 21 people for three nights, or Thursday evening through Sunday lunch. It would involve a large commitment by the entire meeting, because these people would need housing, food and transportation. This committee could possibly lead a Quakerquest for our monthly meeting, and many benefits and cross pollination could result from our involvement. It was noted that this would also involve the other two local meetings. Both Eric Wolff and Rich House are part of this committee. Eric noted that community committee would most likely only be asked to do one potluck. Ken Bordwell noted that Community committee met this morning and wholeheartedly supported this endeavor. We have the luxury of a meeting house conducive to these types of meetings. Approval was received to host the FGC Development committee for the April 2011 quarterly meeting.

b. Nominating Committee: One tiny addition Diana Beckett is special assignment and Cynthia Sybrel is a regular member for Religious Development. Erin Bagus is added to Religious Development. A few spelling corrections were noted. Nominating committee changes were approved.

### Committee reports

a. Stewardship- Mary Anne Curtiss reporting. They have met three times already this year, and are continuing their efforts on the last three year's capital campaigns towards the greening of our meeting house. They are working towards promoting our work through the hosting of the FGC development committee and the work through the development of the web page. The committee is off to a positive start.

b. Treasurer: Mary Anne Curtiss reporting. It was noted that we had wonderful, generous contributions this past month, which allowed us to make substantial strides towards catching up on wider Quaker body commitments. We are still only 42% of our commitments to making outside contributions. We are at our goal of 10% of our cash balance to total budget. Treasurer's report accepted.

c. House and Grounds: Eric Wolff reporting. Capital Campaign received enough money to do another batch of 3 windows and H&G had enough money to do one more, including the attic window and three windows across the front on the second floor. The front picture window in the meeting room has a small crack and will be investigated as to how and whether it should be fixed and whether or not it would be replaced with multiple windows rather than a picture window as is. It was also noted that components of the repair may be covered by our homeowner's insurance. Carol Burks has looked at our insurance coverage, and we will most likely stay with things as they are. We have another workday scheduled for November 13th from 10:00am to 4:00pm.

d. Music Gene Marquis reporting. A new piano tuner will be engaged to see if their technique can keep the piano in tune for a longer length of time. Some tune by ear and others use electronic equipment to do the job. The new tuner will use electronic equipment.

e. Ministry and Council-Frank Huss reporting. They met in August, discussed the renewal and requests for three clearness committees.

f. Adult Education-no report

g. Religious Development-no report

h. Peace and Social concerns-Doug Burks reporting. The Committee met and set another meeting, and will be continuing the work with The Freestore, Tender Mercies and the high school outreach program for alternates to enlistment in the military.

i. Library committee-Alvin Jose reporting-the committee met and made work assignments and a few changes in the library. Byron Branson noted that appropriate library display equipment might be something to consider for future budgetary decisions. Placement of Quaker publications and visibility of audio/visuals was discussed.

Thanks and appreciation was noted for all the wonderful work so many committees have been doing, especially the library committee.

### Wider Quaker bodies

1. Executive committee of OVYM will meet here October

2. Joint Quarterly meeting of OVYM will occur at Happy Hollow Campground in Indiana, near Brown County state park on October 9th and 10th . Consideration is being given to rescheduling next month's meeting with attention to business with this meeting conflict in mind.

Signed by \_\_\_\_\_ Recording Clerk

In February, Community Friends held a renewal on Spiritual Companionship. We focused on Spiritual Friendship and Spiritual Mentoring / Nurturing. Since then, Ministry and Counsel Committee has been working to develop a group of spiritual mentors or nurturers from the three Cincinnati meetings who are willing to serve anyone from any of the meetings. Each month we will feature a nurturer in Community Companion.

## **SPIRITUAL NURTURER**

**Eileen Bagus**



**MONTHLY MEETING:** Community Friends Meeting

**COMMUNITY OF RESIDENCE:** Montgomery

**PHONE :** ( 513) 861-4353 [Community Friends Meeting house]

**EMAIL:** cfmministryandcounsel@gmail.com

**INTEREST (NURTURING/MENTORING, FRIENDSHIP OR SMALL GROUP):**

Nurturing/mentoring

**AVAILABILITY (WEEKLY, MONTHLY, DAY OF THE WEEK, WEEK OF THE MONTH, ETC., IN PERSON, PHONE OR E-MAIL):**

Probably monthly or bimonthly; I would consider any form of contact: in person, phone or email. I am retired, so daytime contact may be easier than evenings.

**FOR SEASONED FRIENDS WILLING TO SERVE AS NURTURERS/MENTORS – EXPERIENCE, EDUCATION, SPECIAL INTERESTS:**

I was raised Catholic and became a convinced Friend almost forty years ago. My background is extremely eclectic. I was a professor of both the history of Western philosophy and Eastern philosophies for twenty years. My passion since I was a teenager has been to try to understand the meaning of life. Various hats I have worn in our Quaker tradition have been Clerk of monthly meeting; member and clerk of Ministry and Counsel, Religious Development, Adult Education and Nominating committees; member of House and Grounds and Handicap Accessibility committees; service of many clearness committees for membership, marriage, and personal concerns; First Day School teacher; member of Yearly Meeting Advancement and Nurture committee; and member of Friends General Conference Religious Education committee.

My special interests include worship and the mystical, experiential side of Quakerism; meditation; nurturing those in our Meeting to grow into our faith and community; helping people from other religious traditions find their own path as a Quaker; working with Friends in the transition we call dying; dream interpretation; and prison GED tutoring.

**Notes and News From the Meeting**From the Community Committee**Harvest Festival**

We'll be gathering to celebrate the harvest on Saturday, October 30th, at 6pm. Be creative and make a dish using apples or pumpkins for our Harvest-themed Carry-in dinner. Bring your own pumpkin and carve them together with Friends!

**Holiday Crafternoon/Pizzas/Movie Night**

We have a lot planned for Friday, November 19th! Let's come together to make holiday crafts, including holiday cards and decorations for the Meeting House. We'll share a make-your-own-pizzas meal and end the evening with a movie viewing. The fun starts at 4pm -- stop by any time!

**All-Iday Party**

Our All-holiday All-Iday Party will allow us to celebrate winter, the solstice, and our favorite traditions from the religious holidays of the year's end. We'll be baking cookies, making crafts, sharing snacks, and decorating a tree with all-natural ornaments. Join us at Community Friends on Saturday, December 18th, at 7pm.

From --Marjorie Isaacs for Stewardship Committee

We have had a nice increase in use of the Meetinghouse since John and Elizabeth moved in, with a resulting few hundred extra dollars of income from the rentals. They have personal contacts at Xavier University through working there. Community Friends had similar higher use of our Meetinghouse when other caretakers with contacts in the wider community promoted it. Increased use helps our budget, but equally important, it helps us promote environmentally sound practices.

Our beautiful brochure, which you can find on the "credenza," says it all to prospective renters: 50 people sit comfortably in the main room, beautiful break-out rooms for small group discussions, very pleasant dining area, etc., etc.

Do you belong to a group that would enjoy holding an event in our house? Personal contacts are the best way we have found to help the wider community discover and share our space.

From the Adult Education Committee

In preparation for our fall renewal on Nov. 5-6th, the Adult Education Committee has invited community members to read the book, *A Hidden Wholeness*, by well-known Quaker author and speaker Parker Palmer. We will be holding **group discussion sessions about the book on four Wednesdays in October**. The theme of our fall renewal is based on the subtitle of the book: "Welcoming the Soul and Weaving Community." Our facilitators - Friends Mary Ann Downey and Bill Holland from Atlanta - will be leading us in the process described in the book for building "Circles of Trust" and for practicing discernment with each other in clearness sessions. The process that Parker proposes requires us to be gentle inquirers with each other, facilitators of the Light working in each of us. The Wednesday night sessions will be held at the Meetinghouse from 7 to 9:00 pm. We encourage everyone to participate!

**Quakerism 101:**

Community Friends Meeting Adult Education Committee will offer a Quakerism 101 class this fall or winter. This class will be led/facilitated by Kate Anthony in 5 sessions of 1.5 hours each. Dates and times will be determined by the group of folks who sign up for the class. Kate and Donne Hayden discussed setting the dates to either precede or follow Cincinnati Friends' Quakerism 101 (six Thursdays beginning Nov. 4, 7:00-9:00 pm) so that any folks who'd like to get in on both classes may do so.

We need a minimum of 6 participants in order for Kate's experiential and interactive approach to be most meaningful to those taking the class. We welcome Friends associated with any of the Cincinnati meetings to attend.

Please contact me through Community Friends Meetinghouse if you would like to participate. Thanks, Karen Arnett.

**ADULT YOUNG FRIENDS (AYF) POTLUCK****WHO?**

Anyone 18-35 interested in food & fellowship with other Young Friends

**WHEN?** 6 pm, third Friday of each month (10/15, 11/19, etc.)

**WHERE?** Contact Erin

**WHAT TO BRING?** Yourself + a dish to share + games, crafts, anything you'd like to share with the group!

RSVP to Erin at [ebagus@gmail.com](mailto:ebagus@gmail.com)

I'd like to have an idea how many are coming. Please let me know what kind of dish you'd like to bring so we don't get ten salads and no entree. Thanks and hope you can join us!

From: Eileen Bagus for Ministry and Counsel Committee

### **Latecomers to Meeting for Worship**

Several people in Meeting have expressed their concern to Ministry and Counsel Committee that once again there are a lot of latecomers to Meeting for Worship. Please, if you find yourself coming late, especially if you make a habit of coming late, consider how this affects others who arrived on time and are trying to center down into the Silence. It's not unusual for the first fifteen minutes of worship time to be marked by a steady stream of new arrivals, all doing their best not to be noisy, but nevertheless adding some level of noise to break the Silence. And for those good souls who must leave at quarter past ten to take our children to First Day School, that fifteen minutes is all the time they have to spend in the Meeting room.

For Second Hour the past two Sundays, we have been exploring how to deepen the spiritual life of our Meeting. If we want to experience the joy of a gathered Meeting for Worship, a great way to begin is to start worship together on time.

News from a Traveling Friend

Rich House attended the FGC Development meeting in Hamilton, Ontario and had a wonderful time including celebrating his birthday there.

Walt Whitman

Karen Arnett will be leading a session reading *Song Of Myself* by Walt Whitman (1855 version) at 6:30 on Sept. 30

### **From the Larger Quaker Community**

ANNOUNCING A RETREAT FOR THE WOMEN OF OHIO VALLEY YEARLY MEETING!

"HOW IS THE SPIRIT WORKING IN US"

Nov. 12-14 at Rebel Ridge Farm in Marysville, IN

We invite you to a RETREAT for the WOMEN of OVYM from Friday, November 12 to Sunday, November 14 at the lovely Rebel Ridge Farm.

Come for a relaxing weekend of worship, discussion, and play focused on "How the Spirit is Working In Us." Please join us in sharing your leadings, nudges, and questions. We'll also share cooking, long walks, and laughter. The cost will be \$45 for the whole weekend, or \$20 if you can just spend one night.

Contact one of us to express interest or if you have questions.

Blessings of Sisterhood in the Spirit,

Diann McFarland Herzog [Ldiann@yahoo.com](mailto:Ldiann@yahoo.com)  
Martha Viehmann [marthaviehmenn@fuse.net](mailto:marthaviehmenn@fuse.net)  
Jackie Wilsun [wilsundance@yahoo.com](mailto:wilsundance@yahoo.com)

### **2010-2011 CINCINNATI FRIENDS MEETING SPIRITUAL NURTURE GROUP**

**Name:** Centering Prayer

**Facilitator:** Sharon Kowatch

**Times:** 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays, 7:00-8:30 in the Library of the Meetinghouse.

**Description:**

The group will be using Cynthia Bourgeault's book, *Centering Prayer and Inner Awakening* as a guide. There will be a 20-minute centering prayer practice followed by an opportunity for support of this prayer practice and sharing of the spiritual journey. Questions? Contact Sharon Kowatch at 513-469-6515 or [skowatch@fuse.net](mailto:skowatch@fuse.net)

**2010-2011 CINCINNATI FRIENDS MEETING STUDY GROUPS****Name: "Getting Atop the Problem": A Quaker Approach to Conflict Transcendence****Co-Facilitators: Jim Crocker-Lakness and Donne Hayden****Times: Thursdays, 7:00-9:00 p.m. for four weeks: Oct. 7, 14, 21, 28****Description:**

Though we will use some lecture/discussion/PowerPoint to present materials, this group will be predominantly an experiential, hands-on exploration of what lies beyond "conflict resolution." Material will approach potential conflict from a different perspective, i.e., a focus on Quaker traditions of communication (i.e., truly listening) and Quaker spiritual understanding of the Spirit/Light as participant in relationships.

For more information, contact Jim at 513-891-9450 or

[crockejw@gmail.com](mailto:crockejw@gmail.com) or Donne at 513-207-5353 or [dhayden@cincinnati-friends.org](mailto:dhayden@cincinnati-friends.org)

**Name: Quakerism 101****Facilitator/Teacher: Donne Hayden****Times: Thursday evenings, 7:00-9:00 p.m. for six weeks (Nov. 4, 11, 18 & Dec. 2, 9, 16)****Description:**

Following the Quakerism 101 curriculum designed by Philadelphia Friend, Shirley Dodson, we will explore together what it means to be a Quaker. This course involves a good deal of reading: Friends for 350 Years by Howard Brinton is the main text, and there are readings from various other sources (on handouts). Topics include:

Seekers and Finders: The Experience of Early Friends

The Light Within

Quaker Universalism

Worship and Ministry

Living in the Light: Quaker Witness

Getting Down to Business (i.e., Meeting for Worship with Attention to Business)

To sign up, contact Donne at 513-207-5353 or [dhayden@cincinnati-friends.org](mailto:dhayden@cincinnati-friends.org)

**Name: A Rhetorician Rereads the Bible: A historical, social, rhetorical and meditative exploration of the Bible.****Facilitator: Jim Crocker-Lakness****Times: Days and times to be arranged with group.****Description:**

Rhetoric is the use of language by writers and readers to co-create social reality and meaning. As a rhetorician who studies the Bible I am interested in who [really] wrote the various texts of the Bible? To whom? For what social and theological purpose? In what order? My approach is a close reading of the texts in various translations—including the only translation to which Friends contributed—and in the original Hebrew, Aramaic, and Greek texts, together with citing the most recent Biblical scholarship and interpretive understanding. Recently I have begun studying the versions of the Bible from which George Fox and other early Quakers read and cited from. I want to show how a clear understanding of what the Bible is can enhance one's religious faith.

Jim is a Professor of Communication at UC whose research specialty is religious rhetoric. He has studied the Bible as a scholar and for spiritual guidance for over 40 years. He has presented his Bible Seminars at various churches and summer camps. He has been a Quaker since 1970 and is currently a member of Community Friends in Cincinnati.

For more information, contact Jim at 513-891-9450 or [crockejw@gmail.com](mailto:crockejw@gmail.com)

**Name: Planning Your Retirement: A Financial Conversation among Friends****Facilitator: Carol Hoffman, CFP®****Times: Tuesday, October 5, from 7:00 - 9:00 p.m.****Description:**

This is a study group to explore the critical financial elements for retirement, including investments, long term care insurance, the best and worst of annuities, minimizing taxes, developing a spending plan, and debt reduction. The group will decide after this first meeting if they would like to meet again and how often.

RSVP to [CarolAHoffman@yahoo.com](mailto:CarolAHoffman@yahoo.com) or call 513-469-8400. Please tell us your age, when you are thinking of retiring, and which of the topics above you are most interested in.



## JOINT QUARTERLY MEETING

Once every two years Ohio Valley Yearly Meeting's two Quarterly Meetings come together for a fall retreat. Happy Hollow campground is wooded, hilly, and incredibly beautiful. The fall colors should be at their peak. The food at HH is healthy and delicious. Join us. Get to know Quakers from Ohio, Indiana, & KY. The deadline for reservations is 9/30. Here's the basic information:

October 9-10 2010  
Happy Hollow Children's Camp  
3049 Happy Hollow Rd  
Nashville, Indiana 47448

## SATURDAY, OCTOBER 9

Arrive at Happy Hollow as early as 10:00 am for committee meetings

Noon - 1:00 Registration (bring your lunch)

1:00 - 2:30 Experiments in Centering, presentation and practice by JQM Planning 3:30 - 4:00 Visioning for OVYM 4:00 - 5:30

Miami & Whitewater Quarters meet for business 5:30 - 6:30 Dinner 7:30 - 9:00 Intergenerational Fun

The cabins and restrooms are clean and comfortable, but only heated to about 45 degrees. Please bring warm bedding or sleeping bags and your own towels. You will also need a flashlight to get around at night

## SUNDAY, OCTOBER 10

8:00 9:00 Breakfast

10:00 - 11:00 Meeting for Worship

12:00 Lunch

2:00 Depart

DRIVING DIRECTIONS ([www.happyhollowcamp.net](http://www.happyhollowcamp.net)) Exit 68 on I-65 at Columbus, Indiana

Turn RIGHT (West-exit 68) onto IN-46, W IN-46 6.4 miles

Turn LEFT (South-West) onto Old Nashville Rd 0.3 miles

Continue (South-West) on Fourmile Ridge Rd 0.5 miles

Turn LEFT (South) onto S Harrison Ridge Rd 3.2 miles

Turn RIGHT (South-West) onto Bellsville Pike 0.7 miles

Turn RIGHT (North-West) onto Happy Hollow Rd 1.0 miles

End: Arrive at 3049 Happy Hollow Rd, Nashville, IN 47448

## REGISTRATION

Name(s) \_\_\_\_\_

Please indicate names and ages of children: \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Monthly Meeting \_\_\_\_\_

Saturday AND Sunday meals and cabin \_\_\_\_\_ \$41 per person Saturday AND Sunday meals

only \_\_\_\_\_ \$31 per person Saturday meal only \_\_\_\_\_ \$11 per person

Sunday meals only \_\_\_\_\_ \$21 per person

(Add \$10 if after 9/30/10) TOTAL \_\_\_\_\_

How many on this form are vegetarian? \_\_\_\_\_

Any other special needs? \_\_\_\_\_

Please send reservations by 9/30 (so we can finalize reservations). Add \$10 fee after 9/30.

Deborah Jordan  
601 Enright Ave.  
Cincinnati, OH. 45205

Questions? Call 513-251-2558 or email: [ovymsec@fuse.net](mailto:ovymsec@fuse.net)

Please make checks payable to Miami Quarterly

\$5-10 extra contributions are welcome to help with snacks and programming.

**Phillip Gulley** to speak at the 2010 Christian Universalist Assoc. at Cincinnati Friends Meeting

On October 23-24, Cincinnati Friends Meeting will be the site of the 2010 Christian Universalist Association (CUA) conference.

At the conference on Saturday Oct. 23 at 3:00 p.m., **Phil Gulley**, well-known Quaker writer & speaker, will discuss his latest book, *If the Church Were Christian*. On Saturday evening at 7:00, Phil will be the keynote speaker for the CUA conference. The CUA will have some activities on Sunday morning, to be followed by Friends regular 11:00 Meeting for Worship at which Phil will bring the message. Meeting for Worship will be followed by a potluck lunch for Cincinnati Friends with CUA participants as our guests.

*Quakers may attend (for free) any of the presentations by Phil Gulley, whether or not they register for the CUA conference. If Friends would like to attend other CUA workshops, speaker presentations, small group discussions, musical sessions, etc., they may do so for a reduced rate of \$30 (which covers the cost of 3 meals on Saturday).*

In the first few weeks of October, copies of Phil Gulley's books will be for sale through Cincinnati Friends Meeting at a substantial discount.

In Friendly Anticipation,  
Donne Hayden  
Minister & Public Friend  
Cincinnati Friends Meeting  
8075 Keller Road  
Cincinnati, OH 45243

### **Living Lightly on the Earth**, Submitted by Kate Anthony

At the garden forum I moderate ([helpfulgardener.com](http://helpfulgardener.com)) I started a discussion about what is everyone doing to live more lightly on the earth, reduce impact and carbon footprint. I thought together we came up with a pretty nice list. It ranges from major lifestyle changes to things everyone can be doing. I expect all of us will find lots of things we are doing already and a least a few things we might consider starting. If anyone has suggestions for how to add to the list, I'd be glad to hear them

<u>Water</u> Composting toilet Pee in a bottle for compost, save the flush Turn water off when not being used Low-water flush toilet Water saving shower heads/ faucets Reuse gray water for the garden Rainbarrels Rain gardens	<u>Transportation</u> Carpool Combine trips Fuel-efficient cars Walk more Bike more Ride horses more ☺
<u>Energy</u> Line dry clothes Cold water wash Tankless /on-demand water heater No A/C Insulate house Double paned windows Efficient furnace Energy efficient appliances No dishwasher CFL bulbs Turn lights off! Wood stove Close up unused rooms in the winter Programmable thermostat, set low Wear sweaters indoors Turn lights off when not being used Heat only the room you are in, with space heater (keep the rest just warm enough so pipes don't freeze, etc) Change filters, clean lint traps, clean refrigerator	<u>Reduce Waste/Pollution</u> Recycle everything Reusable shopping bags Reuse building materials No VOC paints Don't use bottled water--put tap water in re-usable containers Make your own soda and refill bottles Recycled paper products Earth friendly cleaning products Buy things with the least packaging



condenser coils, your appliances are more efficient that way Turn computers etc, off when not in use... they draw power in stand by mode Use the microwave or a toaster oven, not the big oven Heat with wood (slow burning, low wood consumption, low emissions wood stoves) Kill-a-Watt energy consumption monitor gives you data to figure out what is using most energy	
<u>In the Garden/Eating</u> Compost everything Collect own seed Grow your own plants No herbicides/ pesticides/ synthetic fertilizers Eat local grown, organic Vegetarian/ vegan Fair trade, organic, shade grown coffee (or don't drink coffee, if you don't live where it grows) Native plants No synthetic fertilizer Can and freeze from your garden and/or from farmer's markets Contour planting, berms, swales Chip up woody yard waste for wood chips Waste nothing! Make your garden wildlife friendly -- bird feeders, water sources, brush piles, food plants	<u>Miscellaneous</u> Have only one child! Do environmental service projects Join/support environmental groups: Sierra Club, Greenpeace, Nature Conservancy, Environmental Defense Fund, Quaker Earthcare Witness, etc, etc Spread the word - talk to people, write, lobby Start community gardens, especially in the inner city Reduce your consumption Buy used Buy clothing of natural fibers, organically grown Share things (tools, machines, etc) instead of buying Live in a smaller house

## REDUCE, RE-USE, RECYCLE!!

### Quaker Chuckle:

#### Wading Into Deep Waters

A visiting Friends minister, much under the weight of a testimony on temperance, was completing a heartfelt message on the evils of drink. With much feeling he declared, "If I had all the beer in the world, I'd take it and throw it into the river.

Then turning to Friends on his right he thundered, "And if I had all the wine in the world, I'd take it and throw it into the river."

And then finally facing the full group, he spread his arms and cried, "And if I had all the whiskey in the world, I'd take it and throw it into the river."

With that, still breathing heavily, he sat down.

After a few moments of solemn silence, a Friend in the rear stood, cleared his throat and said, "Friends, I am moved to sing. Other so moved are welcome to join me in the familiar hymn, " Shall We Gather at the River?"

### And some beauty from Eugenia Mills:

